

# Reading a Smile (and Other Great Expressions) Program

## Contents

Introduction to the Reading a Smile (and Other Great Expressions) Program	3
Theoretical Background	3
About the Program	7
References	16
Unit 1: Introduction to the Program	21
Unit 2: Emotion Words and Groups	25
Unit 3: Emotions in Social Situations	31
Unit 4: Feature Patterns in Facial Expressions	37
Unit 5: Identifying Facial Expressions	45
Unit 6: Emotions Conveyed by Voice Tone	49
Unit 7: Emotions in Body Language	55
Unit 8: The Dynamic Nature of Emotions	61
Unit 9: Integrating Dynamic Emotion Cues	65
Unit 10: Teaming up Emotion Cues with the 4 “Keys to Social Success”	71
Unit 11: Using Social Cues to Evaluate Interactions	79
Unit 12: Using Emotion Cues to Interpret Sarcasm	85
Unit 13: Using Emotion Cues to Express Sarcasm and Sincerity	95
Unit 14: Review of <i>Reading a Smile</i> Program Components and Party	99
Emotion Vignettes	101
Oval Man Cards	109
Mini Oval Man Cards	117
Charade Cards (to be cut out for use)	119
Menu Summary Tables for Stimuli Selections on DVD	120
DVD Keys for Mixed Order Selections	123
DVD Scripts for Sincere, Sarcastic and Lying to be Kind Scenes	127
DVD Credits	129
Handouts	
Unit 1	Handout - 1
Unit 2	Handout - 8
Unit 3	Handout - 18
Unit 4	Handout - 28
Unit 5	Handout - 40
Unit 6	Handout - 51
Unit 7	Handout - 61
Unit 8	Handout - 74
Unit 9	Handout - 78
Unit 10	Handout - 87
Unit 11	Handout - 90
Unit 12	Handout - 99
Unit 13	Handout - 110
Unit 14	Handout - 115